

Biathlon Canada Community Coach - Gold Course

The Biathlon Canada Community Coach workshop is a 16-hour introduction to becoming a biathlon coach at your local club. This workshop will teach you the fundamentals of skiing and shooting, including basic safety and technical fundamentals, while also equipping you with the skills needed to teach them to athletes. Basic shooting and skiing ability is recommended prior to taking this course.

This is a sport-specific NCCP Community Coaching course that will cover:

- NCCP Competency base coaching streams,
- Tasks of a Community Coach – Gold Level,
- Making Ethical Decisions, and
- BiCAN Biathlon Bears Program

The fee for this course will be \$150 (payable at the course by cheque or cash).

The workshop will run 9:00am to 5:00pm both days and will operate out of the Highlands Nordic main lodge located at 1182 Concession 10 S, Clearview Township, Duntroon, ON L0M 1H0.

To register, please contact the facilitator directly by email at celinehiggins@rogers.com

You will also need the following equipment for the workshop:

- Notebook, paper, pens, pencils for taking notes;
- Warm outdoor clothing for coaching;
- Rollerski equipment (including helmet)
- Air Rifle (if you have one);
- Lunch and snacks (there are no commercial outlets near Highlands to access for food).

Should you have any questions about course content or preparation leading up to the workshop, or need suggestions for overnight accommodations or travel directions, please contact Celine or Cory. We look forward to seeing you all and sharing in your development.

Regards

Celine Higgins

BiCAN LF/E

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