



Chelsea Nordiq Ski and Biathlon Club

# Competition Invitation – 2016 Ontario .22 Championship and Quebec Cup 4

**20- 21 February 2016**  
**Camp Fortune, Chelsea, Québec**



26 January 2016

**TO:** All club members, all Divisions

**FROM:** Pierre Dupuis, Chief of Competition

**DATE:** 26 January 2016

**SUBJECT:** Event Invitation – Ontario .22 Championships 2016 and Quebec Cup 4

**LOCATION :** Gaétan Brosseau Biathlon Range, Camp Fortune, Chelsea, Québec 300 Chemin Dunlop, Chelsea, Québec J9B 2N3

<http://campfortune.com/getting-here/>

The road between Camp Fortune Ski Center's main parking and Maple Lodge is closed during the winter and used as a ski trail. Please account for 10-15 minutes of walk to make it to Maple Lodge.

A snowmobile with sled will be available to transport persons with mobility limitations and equipment between the Camp Fortune parking lot and Maple Lodge.

Maple Lodge will welcome athletes, spectators, volunteers and coaches as well as the Race Secretariat during the event.

### TEAM CAPTAINS' MEETING – FRIDAY 19 FEBRUARY 2016

The Friday team captains' meeting of 19 February 2015 will be held at the RAMADA Plaza Manoir du Casino, Casino Royal meeting room, located at: 75 d'Edmonton St, Gatineau, Qc, J8Y 6W9. (The Casino Royal meeting room can be accessed through the main entrance to the hotel, where the reception area is located.)

### EVENT PROGRAM

| Day                        | Time  | Description   |
|----------------------------|---|---|
| Friday, 19 February 2016   | 13:00<br>14:00 – 16:00<br>20:00   | Race office opens<br>Non-official training<br>Team captains' meeting – Hotel RAMADA   |
| Saturday, 20 February 2016 | 09:00 – 09:45<br>10:00<br>12:30<br>12:00 – 12:45<br>13:30<br>15:30<br>16:00 | Zeroing –.22 categories<br>Individual race .22 categories – first start<br>Medals ceremony .22<br>Zeroing – air rifle (AR)<br>Individual race AR categories – first start<br>Medals ceremony AR<br>Team captains' meeting – Maple Lodge |
| Sunday, 21 February 2016   | 08:30 – 09:15<br>09:30<br>12:00<br>11:30 – 12:15<br>13:00<br>15:00          | Zeroing –.22 categories<br>Individual race .22 categories – first start<br>Medals ceremony .22<br>Zeroing – air rifle (AR)<br>Individual race AR categories – first start<br>Medals ceremony AR   |

### SANCTION

Quebec Cup 2015-2016 and Ontario Cup races 2015-16 competitions are sanctioned by Biathlon Canada and are covered by their insurance policies.

### ELIGIBILITY

Members of all Divisions of Biathlon Canada and the United States Biathlon Association, in good standing may participate in this event if they have a valid USBA or Biathlon Canada Competitor membership. Non- members must purchase day permits for each of the competition days in order to participate in the events.

Cadets are exempt from purchasing day permits as long as their participation has been approved and sanctioned by their respective cadet organizations.

Quebec residents from the Ottawa-Gatineau area registered for the Sunday 21 February 2016 race, and 18 years old and younger as of 31 December 2015 are eligible for the regional final of the Jeux du Québec. The regional final will be tabulated from the race results of these eligible participants for all the race categories identified to the Outaouais LSRU.

## RULES

This race event will be run in compliance with the following regulations:

- International Biathlon Union (IBU) Event and Competition Rules;
- Canadian Biathlon Championships Hosting Policy dated December 2015.
- Biathlon Ontario Championships Race Hosting Policy 2016;
- Quebec Cup Race Hosting Policy (Politiques d'organisation des Coupes Québec), September 2015, with the exception of two waivers approved during the Board of Directors meeting of 5 September and the Club Presidents' meeting of 6 September 2015, for this segment of the Quebec Cup series only as follows :
  - The distance between air rifle targets and the firing point will be of 10 meters, and
  - The points allocated for results of Quebec Cup 4, for IBU categories, will be reduced to 20 points for 1st place.

## RACE REGISTRATIONS

Individual registration and payment by credit card (Visa or Mastercard) must be completed on the Zone 4 secured web site at the following link : <https://zone4.ca/reg.asp?id=11652> . Administration fees (\$1 per transaction, \$1 per person registered and 3% of total will be charged to the participant(s). We recommend completing the registration of multiple participants per transaction.

## RACE FEES

| CLASSES                                |          |          |
|--|----------|----------|
| Competitive                            | 1 event  | 2 events |
| Masters Men and Women 35+              | \$ 40.00 | \$ 60.00 |
| Men and Women 21+                      | \$ 40.00 | \$ 60.00 |
| Junior Men and Women 19-20             | \$ 40.00 | \$ 60.00 |
| Youth Men and Women 17-18              | \$ 40.00 | \$ 60.00 |
| Senior Boys and Girls 15-16            | \$ 25.00 | \$ 45.00 |
| Junior Boys and Girls 13-14            | \$ 20.00 | \$ 35.00 |
| Participation                          | 1 event  | 2 events |
| Cadets M and F (Junior, Senior, Youth) | \$ 15.00 |          |
| Juvenile Boys and Girls 11-12          | \$ 15.00 | \$ 25.00 |
| Beginner Boys and Girls 9-10           | \$ 15.00 | \$ 25.00 |
| Initiation Boys and Girls 7-8          | \$ 15.00 | \$ 25.00 |
| Open participation only Air Rifle      | \$ 25.00 | \$ 40.00 |

## LATE REGISTRATION FEES

On-line registrations must be completed before 23:59 on Monday 19 February 2016, after this date Zone 4 will add late fees as follows:

- 1 day late (before Tuesday 23:59): \$5 per event
- 2 days late (before Wednesday 23:59): \$10 per event
- 3 days late (before Thursday 23:59): \$15 per event
- 4 days late (before Friday 23:59): \$20 per event
- 5 days late (before Saturday 23:59): \$25 \$ per event

Registration fees are non-refundable, except in the case of a race event cancellation, where the organizing committee may reserve the right to keep a portion of the registration fee to cover expenses already incurred at the time of cancellation.

## QUALIFYING RACE FOR CADET PARTICIPANTS

A time-trial selection race will be held on Sunday 14 February 2016 for cadets wishing to participate. Officers responsible for cadets wishing to participate must confirm their registrations by email to the Chief of Competition (Pierre Dupuis at [biath-coord@chelseanordiq.ca](mailto:biath-coord@chelseanordiq.ca)). The number of cadets participating on Sunday 21 February 2016 in the Quebec Cup 4 race and the regional final of Jeux du Québec will be limited to the cadets who will have pre-qualified as a result of their time-trial results and limited to a maximum of 42 cadet participants, all

categories included. Cadets who have qualified for their 2016 provincial cadet championships will be exempted from the time-trial.

## CLASSES AND EVENTS

| <b>COMPETITIVE</b>                    |                                |                 |                            |                 |
|---------------------------------------|--------------------------------|-----------------|----------------------------|-----------------|
|                                       | <b>Individual (20/02/2016)</b> |                 | <b>Sprint (21/02/2016)</b> |                 |
|                                       | <b>Distance</b>                | <b>Shooting</b> | <b>Distance</b>            | <b>Shooting</b> |
| Master Men 35+                        | 10 km                          | PSPS            | 6 km                       | PS              |
| Men 21+                               | 20 km                          | PSPS            | 10 km                      | PS              |
| Junior Men 19-20                      | 15 km                          | PSPS            | 10 km                      | PS              |
| Youth Men 17-18 (2)                   | 12.5 km                        | PSPS            | 7.5 km                     | PS              |
| Senior Boys 15-16 (2)                 | 7.5 km                         | PSPS            | 6 km                       | PS              |
| Master Women 35+                      | 7.5 km                         | PSPS            | 6 km                       | PS              |
| Women 21+                             | 15 km                          | PSPS            | 7.5 km                     | PS              |
| Junior Women 19-20                    | 12.5 km                        | PSPS            | 7.5 km                     | PS              |
| Youth Women 17-18 (2)                 | 10 km                          | PSPS            | 6 km                       | PS              |
| Senior Girls 15-16 (2)                | 7.5 km                         | PSPS            | 6 km                       | PS              |
| Junior Boys 13-14 ans (2)             | 6 km                           | PPP             | 4.5 km                     | PP              |
| Junior Girls 13-14 ans (2)            | 6 km                           | PPP             | 4.5 km                     | PP              |
| <b>PARTICIPATION</b>                  |                                |                 |                            |                 |
| <b>.22</b>                            | <b>Sprint (21 février)</b>     |                 |                            |                 |
|                                       | <b>Distance</b>                | <b>Tir</b>      |                            |                 |
| Cadets (Juniors, Seniors & Youth) (2) |                                |                 | 4.5 km                     | PP              |
| <b>Air Rifle (.177)</b>               | <b>Individuel (20/02/2016)</b> |                 | <b>Sprint (21/02/2016)</b> |                 |
|                                       | <b>Distance</b>                | <b>Shooting</b> | <b>Distance</b>            | <b>Shooting</b> |
| Juvenile Boys 11-12 (2)               | 4 km                           | PPP             | 4.5 km                     | PP              |
| Beginner Boys 9-10                    | 4 km                           | PPP             | 3 km                       | PP              |
| Initiation Boys 8 (1)                 | 3 km                           | PPP             | 2,25 km                    | PP              |
| Juvenile Girls 11-12                  | 4 km                           | PPP             | 4.5 km                     | PP              |
| Beginner Girls 9-10                   | 4 km                           | PPP             | 3 km                       | PP              |
| Initiation Girls 8                    | 3 km                           | PPP             | 2.25 km                    | PP              |

Notes (1) Initiation categories (8 y/o and younger) will have a time penalty of 20 seconds for each missed targets.

(2) Quebec residents in categories highlighted in pink are eligible for the regional final of **Jeux du Québec**.

## MEDALS

Medals will be presented to the top three athletes of each category.

Jeux du Quebec medals will be awarded to the top three eligible athletes of the Sunday 21 February 2016 race in the categories registered with the Outaouais SLRU (highlighted in pink in the above table).

Medals will be awarded to the top three athletes of each of the cadet categories (Juniors, Seniors, Youth). The organizing Committee will provide the medals.

Quebec Cup points will be awarded to all athletes who are members in good standing of FQB (see waiver in the rules section above).

Ontario Cup points will be awarded to all athletes who are members in good standing of Biathlon Ontario.

## PARKING

The biathlon competition site is restricted to only 12 reserved parking spots in the Camp Fortune parking lot. One parking permit will provided per team at the Team Captains' meeting on 19 February at 20:00.

On Saturday 20 February and Sunday 21 February, a shuttle service will be provided to transport event participants, volunteers and spectators, between the Gatineau Park P9 parking lot located near the intersection of Meach Lake Road and Dunlop Road. The shuttle service will be available from 08:00 to 16:00.

It is highly recommended that drivers drop off their passengers and their equipment at the designated biathlon drop off zone to then proceed to the P9 parking lot and take the shuttle service.

## RIFLE/SKI STORAGE AND WAXING

Heated storage close to the rifle range will be available for air rifles. Rifles and skis are not allowed inside Maple Lodge. A common wax room will be available at the Roost (First Aiders/Patrollers Chalet).

It is important to note that Gatineau Park and the biathlon site are accessible at all times by day to the public. All rifles and biathlon equipment must be properly secured and supervised at all times. When a rifle is removed from the competition area, it must be transported in a case or rifle bag.

## REMARKS

**Air rifle categories:** Competitors will complete the 100 meter penalty loop.

**Cadet categories:** The competitors will not carry the rifle during the race and will shoot in the prone position only. The competitors will complete the 100 meter penalty loop.

**Senior Boys and Girls categories:** Athletes will not carry the .22 rifle or the air rifle on the race course during their competition, but will take possession of their rifle from a rifle rack upon entering the range and will leave it on a rifle rack when exiting the range. The competitors will complete the 150 meter penalty loop.

**Junior Boys and Girls .22 rifle category and Cadets:** The rifle will be placed on the mat upon the arrival of the athlete who will shoot in prone position only.

The sequence of start of each event class will be decided once registrations have been closed and will be communicated on the Wednesday evening before the race weekend and confirmed at the team captains' meeting.

The organizing committee reserves the right, with the approval of the race jury, to modify the start time subject to weather.

Athletes covered by day permits will be supported by the representative club from their home region and in the absence of a club, the host club Chelsea Nordiq will provide coaching support.

The Chief of Competition can stop an athlete from participating if he judges that an athlete could represent a danger to himself or to others.

## PROTESTS

All protests must be submitted in writing to the Competition Secretariat, in accordance with IBU event and competition rules along with a deposit \$25.00 (CAN). Deposits will be returned only if the protest is upheld by the competition jury. If a protest is rejected, the protest fee will be kept by the organizing committee. Forms will be available at the Competition office.

## COMPETITION JURY

Technical Delegate: Jean-Guy Levesque  
Chief of Competition: Pierre Dupuis

Additional members: Three jury members will be elected during the Friday Team Captains' meeting, 21 February 2016 at 20:00, Casino Royal meeting room, Hotel Ramada Plaza Manoir du Casino.

## APPEAL JURY

With the approval of the Board of Directors of both provincial associations, the Federation Québécoise de Biathlon (FQB) and Biathlon Ontario.

## ORGANIZING COMMITTEE

|                            |                       |             |
|----------------------------|-----------------------|-------------|
| President                  | Pierre Dupuis         | Leader      |
| Chief of Competition       | Pierre Dupuis         | Leader      |
| Chief of Timing            | Sherry Goodyear-Stein | Advanced    |
| Competition Secretary      | Chantale Lortie       | Leader      |
| Results Officer            | Sébastien Boulerice   | TD national |
| Chief of Stadium           | Bill Lawton           |             |
| Chief of Course            | Robert Leighton       |             |
| Chief of Range             | Pier-Olivier Désilets | Leader      |
| Chief of Ramp              | Rhonda Hynds          | Advanced    |
| Logistics and Meals        | Liam Veinotte         |             |
| Volunteer Coordinator      | Lise Riberdy          |             |
| Competition Shuttle Driver | Tracy Berghammer      |             |
| Délégué technique          | Jean-Guy Levesque     | DT IBU      |

## RACE COURSE

Race course maps will be distributed by email to race participants. A limited number of maps will be made available for review on site. In order to reduce the costs to the organizing committee and on the environment, we ask participants to print their own copies as required.

### Individual Competition

| Class   | Course Length | Ski Loops  |
|---|---------------|------------|
| Men 21+   | 20 km         | Brown x 5  |
| Junior Men 19-20 / Women 21+                            | 15 km         | Yellow x 5 |
| Youth Men 17-18 / Junior Women 19-20                    | 12.5 km       | Green x 5  |
| Master Men 35+ / Youth Women 17-18                      | 10 km         | Red x 5    |
| Master Women 35+ / Senior Boys and Girls 15-16          | 7.5 km        | Orange x 5 |
| Junior Boys and Girls 13-14                             | 6 km          | Orange x 4 |
| Juvenile Boys and Girls 11-12 / Beginner Boys and Girls | 4 km          | Black x 4  |
| Initiation Boys and Girls 8-                            | 3 km          | Purple x 4 |

### Sprint Competition

| Class  | Course Length | Ski Loops  |
|--|---------------|------------|
| Men 21+ / Junior Men 19-20   | 10 km         | Blue x 3   |
| Women 21+ / Youth Men 17-18 / Junior Women 19-20                                 | 7.5 km        | Green x 3  |
| Master Men 35+ / Youth Women 17-18 / Master Women+ / Senior Boys and Girls 15-16 | 6 km          | Red x 3    |
| Junior Boys and Girls 13-14 / Juvenile Boys and Girls 11-12                      | 4.5 km        | Orange x 3 |
| Cadets (all categories)  | 4.5 km        | Orange x 3 |
| Beginner Boys and Girls 9-10   | 3 km          | Black x 3  |
| Initiation Boys and Girls 8-   | 2.25 km       | Purple x 3 |

## INQUIRIES

Pierre Dupuis      613-680-3691      [biath-coord@chelseanordiq.ca](mailto:biath-coord@chelseanordiq.ca)

## VOLUNTEERS

The organization of a biathlon race event requires a large number of volunteers both in preparation for the race and during the event in order to ensure its success. The organizing committee asks its supporters, parents of participating athletes and friends of the club to please volunteer. An information session will be provided to all volunteers before the event, as well as the day of the event.

An on-line volunteer registration is available at the following link:

[http://chelseanordiq.ivolunteer.com/biathlonquebeccup\\_2016](http://chelseanordiq.ivolunteer.com/biathlonquebeccup_2016)

We will endeavour to honor your choice of preferred volunteer assignment. However, the Chief of Competition may need to make last minute changes to the assignments in response to any changing needs on race day. A big thank you to all our returning experienced volunteers and to those who are new to our organization.

## LODGING

For more information on our region, please consult the following link :

<http://www.tourismeoutaouais.com/hebergement/hotellerie>

## MEALS AND RESTAURANTS

**Athletes, coaches and volunteers:** A varied choice of warm meals will be provided for lunch at no cost to athletes, coaches and volunteers on-site at Maple Lodge.

A microwave will also be available to those who would like to bring their own meals.

**Spectators:** Camp Fortune Downhill Ski Center's Main Lodge has a cafeteria open to the public. It is located at 1.5 kms from the competition site and Maple Lodge. Additional local restaurants and coffee shops located in Chelsea:

Chelsea Pub : <http://www.chelseapub.ca/>  
Les Saisons : <http://lessaisonscoffee.com/>  
Café Biscotti : <http://www.biscottichelsea.ca/>

Boulangerie Dans un Village : 242 Ch. Old Chelsea, Chelsea, QC, J9B 1J

## THANK YOU

The organizing committee would like to thank its shuttle service sponsor:



**Otto's BMW Centre**  
660 Hunt Club Road  
Ottawa, ON. K1V 1C1



**Otto's Subaru**  
225 Richmond Rd  
Ottawa, ON K1Z 6W7



**Thank you to our volunteers !**