



**Biathlon Canada  
United States Biathlon Association  
Biathlon Alberta  
Invite you to attend the**

***North American Cup #1,  
November 30, December 1-2, 2018***

***Calforex Biathlon Cup #1  
December 1-2, 2018  
Sprint and Pursuit\****

**Biathlon Alberta: Selection event for:**  
2018 National Championships  
Men/Women, Junior Men/Women, Senior Boys/Girls  
& 2019 Canada Winter Games

**IBU categories NorAm Cup:** Men, Women, Junior Men/Women, Youth  
Men/Women

**Calforex categories:** Master Men/Women, Men, Women, Junior Men/Women,  
Youth Men/Women, Sport Men/Women, Senior Boys/Girls, Dev. 2 Boys, Dev. 2  
Girls  
Dev. 1 Boys, Dev. 1 Girls

**No Air Rifle Categories will be included in this competition weekend**

NorAm Cup #1 and Calforex Biathlon Cup #1 will be concurrent competitions.  
Medals will be awarded in each competition

**2016 IBU rules and the 2018 – 19 NorAm hosting policy apply  
&  
2018 Biathlon Alberta Hosting Policy, Section 1.7 and Annex D-H  
Canmore Nordic Centre Provincial Park, Biathlon Venue  
1988 Olympic Way, Canmore, Alberta, Canada, T1W 2T6**

Hosted by: Calgary Biathlon Racers, Canmore Nordic Ski Club, Foothills Nordic Ski Club and Rocky Mountain Racers

# CANMORE NORDIC SKI CLUB



October 11, 2018

Foothills Nordic, Canmore Nordic, Calgary Biathlon Racers, and Rocky Mountain Racers welcome you to the Canmore Nordic Centre for the North American Biathlon Cup #1 November 30, December 1 -2, 2018 and Calforex Biathlon Cup #1 in Canmore on December 1 & 2, 2018. The organizing committee is looking forward to hosting an excellent competition and athletes from across North America are encouraged to attend this event.

Official training will take place for the NorAm athletes the morning of Friday, November 30. Flexibility will be important as we try to accommodate all the teams wanting to use the range prior to the event days. Please purchase your daily range pass and daily ski pass for the days prior to the event at the Canmore Nordic Centre Day Lodge. Plan accordingly for early snow on limited trails unless we are fortunate to have early cold weather to benefit making of snow.

The Event fees include the trail and range passes for the athletes when they complete the registration on line. Please fill out all the questions on the registration form so we can provide you with a quality experience at our event. All range use must be booked by emailing [cnc.biathlon@gov.ab.ca](mailto:cnc.biathlon@gov.ab.ca) for the days prior to November 30, 2017 and after December 2.

**Only Range Safety Officers registered with the Canmore Nordic Centre are able to reserve lanes.** You must have a Range Safety Officer on site during your practice time and that can be arranged through contact with our organizing committee. If you are coming early, please drop us a note to let us know.

Carol Henley  
Competition Chief



Organizing Committee Chair	Ken Davies
Competition Co-Chief	Carol Henley
Competition Co-Chief	Lyle McLeod
Chief of Timing	Sherry Thompson
Chief of Course	Francine Taylor-Gobeil
Chief of Stadium	Kirsten Kaarsoo
Chief of Range	Scott Chisholm
Competition Secretary	Karin Kaarsoo
Volunteer Coordinator	TBA
TD Appointed by Biathlon Canada	Jason Nishiyama

Questions should be directed to Carol Henley at [henleyfa@nucleus.com](mailto:henleyfa@nucleus.com)

Phone 403-240-4723

**Eligibility to Compete:**

Competitors from all IBU member NFs will be eligible to participate in NAC events. However, only members of the teams of the host continent NFs will be eligible to be Continental Champions and medalists. Participation quotas may be set by respective BNA. Competitors must be prepared to show a membership card or otherwise demonstrate proof of such membership for the current year as part of the event registration and entry process. For Canadian Citizens, it is mandatory that all athletes have in their possession, and be able to show upon request their (PAL) or their Minor's Permit, which are firearms licenses issued by the Government of Canada.

**Citizenship and Residency (as per IBU constitution):**

The IBU Rules with respect to the Nationality of Athletes will be used to determine any question of eligibility, for reasons of citizenship, of any athlete entered into a competition that is conducted under this Policy. As an additional requirement under this Policy, an athlete may represent only one Division or Region within a single competition season. There are no residency restrictions under this Policy.

**Competition Ability:**

Any Division or Region registering a Competitor for any SBNACH, NACH or NAC event tacitly guarantees that the Competitor is fully able to compete at the international level.

**Non-Resident Firearms Declaration Process:**

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada.

All athletes must register their own rifles and pay the applicable \$25 CDN fee.

Refer to the government website at <http://www.rcmp-grc.gc.ca/cfp-pcaf/fs-fd/visit-visite-eng.htm> for guidelines.

To obtain a rifle permit application form visit <http://www.rcmp-grc.gc.ca/cfp-pcaf/form-formulaire/pdfs/5589-eng.pdf>

**Ammunition:**

Wapiti Sports in Canmore can order Lapua with enough time ahead and stocks a limited amount of RWS Target. <http://wapitisports.com/hunting-firearms/> Calgary has two sporting goods stores that will have target ammunition from Federal, Winchester, CCI, Remington but not Lapua. *Make sure to bring enough with you for your training and competition needs.*

**REGISTRATION:**

**On-Line Registration on Zone4 will open November 2, 2018.** Go to [www.biathlon.ca](http://www.biathlon.ca) and follow the links or to <https://zone4.ca/register.asp?id=19455&lan=1&cartlevel=1>.

Payment **must be** made using a credit card (Visa or Master Card). **On line charge will apply.**

**On-line registration closes on Wednesday November 28, 2018 at 23:59 MST. No Registration will be taken on site.**

All Competitors **MUST** have a 2018/2019 membership for their Division or State/Nation. Proof of membership is required to compete.

Enter the registration number in the membership field (USBA competitor's use 'USBA' in the membership field)

Enter your registration number of your annual pass in the field for annual CNCPP ski pass (Not Frozen Thunder pass)

Enter your number in the field for annual CNCPP .22 range pass.

Competition fees for this North American Cup #1 / Calforex Biathlon Cup #1 concurrent competitions include ski pass and range pass fees for the event for Nov 30<sup>th</sup> training day, Dec 1<sup>st</sup> competition day and Dec 2<sup>nd</sup> competition day for those athletes without an annual ski and range pass. Any other days will be the responsibility of the athlete.

Development 1 and 2 competition fees per day include range and ski pass for those without an annual pass for either Saturday and/or Sunday. Fees also include wax room rentals, trail preparation, rental of the timing building, and the rental of the stadium plus equipment required to host the event.

The fines for skiing without a pass or using the range without a pass are very steep and to be avoided. Season pass holders must have their passes available. Athletes without season passes will be provided their passes when their coach comes to pick up their team wax key. The pass will be for the two-day event or the three-day event inclusively. No free replacements will be issued if the pass is lost. You may purchase a new event pass from our biathlon event office.

Passes for the extra days (those not included in the competition fees) or a monthly range pass can be purchased at the Day Lodge Guest Services Window from 9am to 5pm 7 days a week or season passes can be purchased on line at <http://www.albertaparks.ca/canmore-nordic-centre/activities-events/cross-country-skiing.aspx> click 'trail use fees' to see the prices for both the ski passes and the range passes in Canadian Dollars.

<http://www.albertaparks.ca/canmore-nordic-centre/> scroll down to 'How Do I' Buy a biathlon range pass. Click the Biathlon range pass and it will take you to the site to book an ANNUAL pass for the range. All other range passes are available at the Canmore Nordic Day Lodge. The above information page will provide the toll free numbers. When arriving early inform the CNCPP Day Lodge staff if you are participating in the NorAm event so they do not sell you more day passes than you need. They do not give refunds of daily passes and they are date specific.

**ENTRY FEES**

Categories	One Competition	Two Competitions
Men/Women, Junior Men/Women, Youth Men/Women, Senior Boys/Girls, Sport Men/Women, Masters Men/Women	\$40 Canadian plus on-line charge	\$80 Canadian plus on-line charge
Dev. 1 Boys/Girls, Dev. 2 Boys/Girls	\$25 Canadian plus on line charge	\$50 Canadian plus on line charge

**Cancellation Policy in Effect:** If the event is cancelled due to severe cold weather, three days before the event then a 50% refund of registration fees will be refunded by Biathlon Alberta on behalf of the hosting clubs.

If the event is cancelled on the competition weekend due to severe cold weather or force majeure, no refund of registration fees will be made.

If an athlete withdraws before the registration deadline then a \$10 processing fee will apply before a refund is sent.

**COMPETITIONS:**

**Saturday:** Sprint (2016 IBU rules)

**Sunday:** Pursuit\* (NorAm Hosting Policy for IBU categories and Biathlon Alberta Hosting Policy for those in the Calforex Cup categories)

**Pursuit\*** Competition will be conducted with a fixed 5-sec interval between competitors, with the start order based on the designated qualifying competition from the same event. The cumulative 5-sec gaps between competitors in a given class are the handicaps that must be overcome in order to win the competition. Athletes who have not taken part in, or who did not successfully complete, the qualifying competition may compete in the Pursuit Competition as unqualified entries. Unqualified entries will start after all qualified entries and grouped together with a random draw for start lane assignments. **Firing points will be assigned to each competitor as they enter the range for each bout of shooting.**

**EVENT SCHEDULE FOR NORAM BIATHLON CUP #1 Nov 30 – Dec 2, 2018  
AND CALFOREX BIATHLON CUP #1, Dec 1 – Dec 2, 2018**

<b>November 29, 2018</b>		
Thursday	Range booked by clubs: fees required \$7.50 range pass per person per day for non-season pass holders \$7.50 ski pass per person per day for non-season pass holders	<b>Trail &amp; Range passes must be purchased from Day Lodge. Range bookings can be made at the Day Lodge or by calling 403-678-2400. <u>This day is NOT part of the event covered fees</u></b>
Thursday	1600 Office open in Timing Building	Prep for NorAm team captain meeting
Thursday	1700 wax room key pick up	Must be booked ahead. <b>\$100 deposit required in cash or cheque per room</b>
Thursday	1800 - Team captains meeting - <u>NorAm</u> Bill Warren Training Centre	NorAm Jury Selection, course information presented
Thursday	1800 -2100 Training – Local Clubs Only	Training night for regular club programs.
<b>November 30, 2018</b>		
<b>Training for NorAm Cup</b>		
Friday	0800 Office open in Timing Building	Pick-up trail passes, wax room keys
Friday	930– 1200 Official Training NorAm	IBU Categories Only - Lane Assignments
Friday	1300-1630 Unofficial training Calforex Cup	Lanes assigned by RSO on duty
Friday	1700 Range closed	Competition preparation
Friday	1900 - Team Captains meeting <u>NorAm Cup &amp; Calforex Cup</u> Bill Warren Training Centre	Athlete verifications by coaches, Calforex Cup jury selections, Sprint draw, course information, light refreshments.
<b>December 1, 2018</b>		
<b>**Sprint Competition</b>		
Saturday	0800 Office open in Timing Building	Bib pick up by team representative
Saturday	0845 Equipment check opens	.22 caliber rifles checked for trigger & number, leg numbers applied, skis marked
Saturday	<b>0900-0945 Zero AM Classes</b>	
Saturday	<b>1000 Sprint Start AM</b>	Men, Women, Junior Men, Junior Women, Youth Men, Youth Women, Senior Boys*, Senior Girls*
Saturday	Awards for AM Categories presented when final results posted (approx. 1200)	Outside in Stadium area, ski level
Saturday	1200 Setup for PM Competition	
Saturday	1230 Equipment check opens	.22 caliber rifles only, skis, leg numbers
Saturday	<b>1245-1330 Zero PM Sprint Competition</b>	Rec. Men/Women, Sport Men/Women, Master Men/Women, Dev. 1 & 2 Boys/Girls,
Saturday	<b>1345 Sprint Start PM</b>	
Saturday	Awards when final results are posted	Outside in Stadium area, ski level
<b>December 2, 2018</b>		
<b>Pursuit*</b>		
Sunday	0800 Office open in Timing Building	Bib pick up by team representative
Sunday	0845 Equipment Check opens	.22 caliber rifles checked for trigger & number, leg numbers applied, skis marked
Sunday	<b>0900-0945 Zero AM classes</b>	
Sunday	<b>1000 Pursuit* Start by categories</b>	Men, Women, Junior Men/Women, Youth Men/Women
Sunday	Awards for AM categories presented when final results posted (approx. 1230)	Outside in Stadium area, ski level
Sunday	1200 Set-up for PM competition	
Sunday	1230 Equipment check opens	.22 caliber rifles only, skis, leg numbers
Sunday	<b>1245-1330 Zero PM Classes Pursuit</b>	
Sunday	<b>1345 Pursuit* Start PM Classes</b>	Senior Boys/Girls, * Masters Men/Women, Rec. Men/Women, Sport Men/Women, Dev. 1 & 2 Boys/Girls,
Sunday	Awards when final results are posted	Outside in Stadium area, ski level

**\*Schedule and classes may change due to weather conditions and number of competitors.**

**The Organizing committee reserves the right to change the event schedule as needed. Every effort will be made to alert participants of changes through the Biathlon Alberta website and social media pages. All notices will be posted on the timing building upper level notice board.**

**COMPETITION OFFICE:**

Located upstairs in the Biathlon Timing building by the range. Hours will be Thursday afternoon 1600-1800, Friday 0800-1800, Saturday 0800-1800, Sunday 0800-1700. Office volunteers may be at the location for awards during award times.

**VOLUNTEER CHECK-IN:**

Located upstairs in the Biathlon Timing building. At the rear of the biathlon parking lot go up the outside stairs and enter the first door of the building.

**WAX ROOMS:**

The wax room building is situated next to the wax testing area and the biathlon stadium.

There is a **refundable deposit of \$100 (cash or cheque only) for the key(s) to the wax room.** The daily fee of \$20 for use of the wax room is included with registration for the **2 event days only.** Other days of wax room use will be paid for by the team using the room. Athlete numbers will determine room assignment. **If you wish to book a wax room for use prior to the event, please contact the Nordic Centre.** <https://www.albertaparks.ca/parks/kananaskis/canmore-nordic-centre-pp/information-facilities/bookings/events-groups-or-wax-rooms/>

**Reservations for Wax Rooms**

E-mail Carol Henley at [henleyfa@nucleus.com](mailto:henleyfa@nucleus.com) with your request indicating number of athletes, staff, and arrival time/date. We will do our best to accommodate your needs while coordinating with CNCPP and international team bookings.

**Note: Biathlon Alberta Hosting Policy Section 1.7 will apply:**

**1.7 WAXING REGULATION** In order to minimize the costs associated with waxing for clubs and families and to allow coaches to spend more time with their athletes on race weekends, all Alberta Cup and Alberta Provincial Championship events shall be subject to the following Waxing Regulation: Regulation: Only low fluoro or no fluoro waxes may be used to prepare skis. Medium to high fluoro waxes, high fluoro speed blocks and powders are not allowed. The use of hand structure on skis is allowed. Exception: On race weekends when North American (NORAM) Cup and Calforex Cup competitions are being held at the same time, these regulations will apply to the following categories: Senior Boys and Girls, Dev 1 and 2 Boys and Girls and Air Rifle 1 and 2 Boys and Girls. IBU Categories at NORAM Cup competitions will not be subject to this Regulation.

**TIMING:**

Transponders, Summit systems and the Kurvinen target system will be used during this event to provide the results.

**TUNNELS:**

Please help us maintain our snow by only walking in designated walk areas. Tunnels are to be used for the entire competition to keep the snow in good skiable condition. Entrance tunnels from the parking lot to the equipment check and then to the range will be used for the entire competition. Volunteers will use the same tunnels. Use skis in the stadium, course and range. Leave all extra bags, equipment and clothing in the team rooms.

**RANGE:**

In the interest of the safety of those working on the range, please remove all personal belongings including skis from the range at the end of Zero. Any items left on the range will be removed prior to the start of the competition.

**COURSE MAPS:**

Course Maps will be provided upon arrival. Courses used will be dependent on the natural snow and the condition of the man-made snow provided by the staff of the Nordic Centre. CNC staff will provide the best case for the conditions available for our event. Please remember that early snow conditions are never perfect and plan accordingly for equipment needs.

## Ski Distances & Shooting Sequences for NorAm Cup and Calforex Cup

IBU CLASSES	AGE	Sprint	Sprint Sequence	Pursuit*	Pursuit* Sequence
<b>Men</b>	22+	10 km	PS	12.5km	PPSS
<b>Women</b>	22+	7.5 km	PS	10 km	PPSS
<b>Junior Men</b>	19-21	10 km	PS	12.5 km	PPSS
<b>Junior Women</b>	19-21	7.5 km	PS	10 km	PPSS
<b>Youth Men</b>	17-18	7.5 km	PS	10 km	PPSS
<b>Youth Women</b>	17-18	6 km	PS	7.5 km	PPSS
<b><u>Calforex Classes Alberta</u></b>	<b>AGE</b>	<b>Sprint</b>	<b>Sprint sequence</b>	<b>Pursuit*</b>	<b>Pursuit*</b>
<b>Master Men</b>	35+	6 km	PS	7.5 km	PPSS
<b>Master Women</b>	35+	6 km	PS	6.25km	PPSS
<b>Adult Rec. Men</b>	17+	3.75 km	PP	5 km	PPP
<b>Adult Rec. Women</b>	17+	3.75 km	PP	5 km	PPP
<b>Sport Men</b>	17+	6 km	PS	7.5km	PPSS
<b>Sport Women</b>	17+	6 km	PS	6.25km	PPSS
<b>Senior Boys</b>	Under 17	6 km	PS	6.25km	PPSS
<b>Senior Girls</b>	Under 17	6 km	PS	6.25km	PPSS
<b>DEV-2 Male/Female</b>	Under 17	3.75 km	PP	5km	PPP
<b>DEV-1 Male/Female</b>	Under 15	3 km	PP	4km	PPP

Masters wishing to qualify for the National Championship must register in Masters Men/Women 35+ Athletes using these competitions as trials for their divisional Canada Winter Games teams can register and compete in the necessary category.

### RIFLE CARRYING:

- Senior Boys and Girls categories will carry their rifles only on the range (see non-carry procedure in Annex A-3 of the Canadian Hosting Policy <http://biathloncanada.ca/wp-content/uploads/2016/06/Canadian-Hosting-Policy-2016-17.pdf> ) and will shoot in the prone and standing positions.
- Non-carry procedure will be done by the clubs for their athletes.
- Masters, Adult Rec. and Sport Men/Women must indicate to the OC 30 minutes before ZEROING, if they are NOT carrying and therefore, using the non-carry procedure so rifle racks can be provided at the entrance of the range.
- Dev. 1 and 2 categories will have their rifles placed on the mat by their coaches and will shoot only in the prone position.

### Required Loops by Competition Type

Comp	4km	3.3km	3km	2.5km	2km	1.5km	1.25km	1km	750m	500m
Sprint		✓		✓	✓		✓	✓		
Pursuit*			✓	✓	✓	✓	✓	✓		
Colour	Brown	Blue	Yellow	Green	Red	Orange	Pink	Black	Purple	

#### AWARDS:

Awards will be presented outside in the Stadium area immediately after final results are posted.

Medals for both competitions and NA cup points will be awarded regardless of the number of participants in a class.

Veli Niinimaa Awards will be presented during the medal presentations after each competition day for those having clean bouts of shooting. All competitors are eligible for shooting awards.

NorAm Cup and Calforex Cup winners will be awarded points to count towards the overall total of each Cup for eligible categories.

#### CANMORE NORDIC CENTRE:

There is food service at the Day Lodge with hot and cold food for purchase. Pack a lunch or use the food service at the centre.

There are toilets and coin-operated showers in the wax room areas and the Day Lodge but you must bring your personal towels and supplies.

#### LOCATION:

<https://www.google.ca/maps/place/Canmore+Nordic+Centre/@51.0903395,-115.3877238,17z/data=!3m1!4b1!4m2!3m1!1s0x5370cf52096c28eb:0xf726180e425ae50?hl=en>

Calgary International Airport is 122 Km from the Canmore Nordic Centre. The new Ring Road (Stoney Trail) is the fastest way to get to and from the airport, avoiding numerous lights and traffic in Calgary.

All Car Rental agencies are available at the airport.

Driving time from Calgary is 1.3 hours in good weather on excellent four-lane highways

Vancouver to Canmore is 9 to 11 hours,

Edmonton to Canmore is 4.5 hours.

#### PARKING:

Please park only in designated areas. Parking will be at a premium during this event. We ask that the biathlon area be used as a drop off area for athletes and equipment only. Parking is available at the main lot by the Day Lodge and in the overflow lot. Teams with trailers may request a pass for the biathlon area if the trailer is going to be unhitched.

#### ACCOMMODATIONS:

Canmore offers a wide variety of hotels, condos, suites, vacation rentals and B&Bs.

Visit [www.canmorealberta.com](http://www.canmorealberta.com), <http://www.tourismcanmore.com>, or [www.canmorehotels.com](http://www.canmorehotels.com) to see the local hotels and amenities available.

**Rocky Mountain Ski Lodge** <http://www.rockyski.ca> Toll Free: 1-800-665-6111 Phone: 1-403-678-5445.

Please find information on how to take advantage of Biathlon Alberta rates at the Rocky Mountain Ski Lodge [HERE](#).

**The Drake Inn** <http://www.drakeinn.com/> Toll Free: 1-800-461-8730 Phone: 1-403-678-5131 downtown

**Best Western Pocaterra Inn** <http://www.pocaterrainn.com/> Toll free: 1-888-678-6786 Phone: 1-403-678-4334

**Canmore Mountain Lodge** <http://www.canmoremountainlodge.com/> Toll Free: 1-800-661-2133 Phone: 1-403-678-5488

**Coast Hotel & Conference Center Canmore** <http://www.coasthotels.com/hotels/ab/canmore/coast-canmore-hotel-and-conference-centre/> Toll Free: 1-800-716-6199 Phone: 1-403-678-3625