

Pathways for Competition Introduction Coaches and Competition Introduction Learning Facilitator/Evaluators

Coach for a Competitive Club/Team attending Divisional Championships and/or Eastern/Western Canadian Championships

Prerequisites for Introductory Coach

- Certified Gold Coach or Certified Level 1 Biathlon or Former National Team
- Current Biathlon Canada Membership and valid firearms license

Multisport Competition Introduction Part A (12 hours)

- Make Ethical Decisions
- Plan a Practice
- Nutrition

Multisport Competition Introduction Part B (14 hours)

- Design a Basic Sport Program
- Teaching and Learning
- Basic Mental Skills

IC 1 Dry-Land Workshop (16 hours)

- Yearly Program Design
- Create the Training Environment
- Support the Athlete in Training (shooting)

IC 2 On-Snow Workshop (16 hours)

- Support the Athlete in Training (skiing)
- Analyze Technique (skiing)
- Analyze Technique (shooting)
- Support the Competitive Experience
- Optimal Performance and Safety of Equipment
- Waxing Skills

Evaluation (~2 months)

- Current portfolio of coaching experiences
- Evaluator signed "Provide Support to Athletes in Training Observation" form
- Evaluator signed "Plan a Practice Observation" form
- Evaluator signed "Analyze Performance Observation" form
- Send completed evaluations and portfolio to Biathlon Canada for verification

Competition Introduction Coach Certified

Prerequisites to become a Competition Introduction Learning Facilitator/Evaluator

- Certified Competition Development Coach for at least 2 years or Certified Competition Development Coach or Certified Level 3 Coach
- Current Member of Biathlon Canada

Biathlon Learning Facilitator/Evaluator Training (8 hrs)

Competition Introduction Learning Facilitator/Evaluator Mentorship

- Co-Facilitate IC 1 & 2 workshops

Competition Introduction Learning Facilitator/Evaluator Certified