



**2016 CANADIAN  
BIATHLON CHAMPIONSHIPS**

**INVITATION**



**14 to 20 March 2016**

**Valcartier Biathlon Centre  
Québec, QC**



**2016 CANADIAN  
BIATHLON CHAMPIONSHIPS  
INVITATION – QUÉBEC**

Dear Biathlon Friends,

It is my honor and great pleasure to invite you on behalf of the Quebec Biathlon Federation and Biathlon Canada to the 2016 Canadian Biathlon Championships in Quebec City.

It will be a distinct and genuine pleasure to be the host to teams from across this great country here in the Quebec winter wonderland where snow and our particular *joie de vivre* are constantly abundant.

The event will be held from 14 to 20 March 2016 at the biathlon venue located on the Valcartier military garrison. The detailed schedule of the event is provided further in this document.

We are now working hard to prepare the venue in order to welcome all athletes with the best conditions we can provide and offer to all of you national level competitions that will remain in your memory for a long time.

On behalf of our Organizing Committee, I wish all of you good luck at these Championships, and I look forward to meeting you during the event.

Yours sincerely,

Jean-Guy Levesque  
Organizing Committee Chair  
President – Quebec Biathlon Federation

# **1. General Information**

## **Competition venue location and description**

The biathlon facility to be used for the event is located on Canadian Forces Base Valcartier. Located 29 km northwest of downtown Quebec City, this military garrison comprises close to 6000 Armed Forces service personnel. The biathlon venue was established at its actual location, into the base recreational area, in 1980. Between 1995 and 1997, it went through a major construction project in order to host the World Military Ski Championships in March 1997. Named the same year after Canada's best biathlete, the Myriam-Bédard Biathlon Centre was awarded an IBU B-License in June 1997 and hosted the World Junior Biathlon Championships in 1998, a Biathlon World Cup in 1999, numerous Canadian and North American Biathlon Championships and the World Masters Games in 2015.

## **Venue access**

To access the Valcartier Garrison from the Trans-Canada (Highway 20), the Pierre-Laporte Bridge must be taken, followed by highways 73 North, 573 North and 369 North. From the Jean-Lesage International Airport, the attached map provides directions to Valcartier. All participants to the Canadian Championships 2016 must access the biathlon venue through the garrison's main entrance. This entrance can be found on the right-hand side of Highway 369 North. Once on the base, signs on the side of the road will bring you directly to the venue.

## **Available facilities at the venue:**

- Technical building: Competition Office, Timing, Jury Room, VIP lounge.
- Wax cabins (3 m x 6 m, heated).
- Heated Tent with food and beverages.
- Toilets.
- Free parking space.

## **Wax Cabins**

Wax Cabins located within 100 metres from the range will be available at the venue. They will be allocated based on the number of competitors per Division and the availability of rooms. A wax testing area close to the wax cabins will also be accessible. Keys to the cabins may be picked-up during normal business hours from 13 to 15 March 2016 at the Competition Office, with a \$60.00 deposit. A \$40.00 fee will be kept from the deposit for the use of the wax cabins. Wax cabins must be cleaned, and keys must be returned to the Competition Office before 16:00 on Sunday, 20 March 2016.

## Shooting Range and Target system

The Biathlon Centre is equipped with 30 Devon mechanical targets, with covered canopy and lights.

## Course and Stadium

The biathlon course includes a 4 km, 3.3 km, 3 km, 2.5 km, 2 km and 1 km trails, with a 1.4 km warm-up loop. Course maps are included at the end of this package. Stadium diagrams are available on the Quebec Biathlon Federation website at [www.fqb.quebec](http://www.fqb.quebec).

## Venue and Weather Data

Altitude – Biathlon Stadium	173 m above sea level
Average daily temperature	-10.1°C
Relative humidity (06:00)	72%
Average snow on the ground	290 cm
Average snow accumulation	316 cm per season
Wind conditions – Average force	8 km/h westerly

## Organizing Committee

Chairman	Jean-Guy Levesque	418-655-3414, IBU TD
Chief of Logistics	Donald Noel	418-571-6048
Banquet	Annick Vincent	418-802-2145
Public Affairs , Media	TBD	

## Competition Committee

Chief of Competition	Érika Charron	International Referee
Deputy Chief of Competition	Serge Donaldson	International Referee
Competition Secretary	Chantale Lortie	Leader
Chief of Course	Yohann Muylaert	Advanced
Chief of Range	Michel Gasseau	Leader
Chief of Stadium	Denis Huot	Leader
Chief of Start/Finish	Daniel Harvey	International Referee
Chief of Timing	Normand Gonthier	International Referee
Volunteer Coordinator	Donald Villeneuve	Leader

## Technical Officials

Technical Delegate:	Graham Lindsay
National Referees:	Murray Wylie Karin Kaarsoo Barb Sand

## Contact Information

Please direct any questions regarding this invitation to Chantale Lortie, Competition Secretary, at [chanpie2@yahoo.ca](mailto:chanpie2@yahoo.ca) or Jean-Guy Levesque, Organizing Committee Chair, at [jg.levesque@bell.net](mailto:jg.levesque@bell.net).

## Rules

The event will be held in accordance with the current International Biathlon Union (IBU) Event and Competition Rules and the Canadian Biathlon Championships Hosting Policy dated 10 November 2015.

## Eligibility to Participate

If correctly registered and entered by their Canadian Division, any member of Biathlon Canada in good standing may participate in the event if they have a valid Biathlon Canada Competitor membership. The Competition Office will verify all competitors' membership once entered by their Division to the event.

## 2. Competition Information

### Entry Fees

Per Competition	\$ 40, or \$ 160 for all competitions
Banquet (mandatory)	\$ 40

### Registration and Deadlines

Registration by Number. Divisions must provide the number of athletes, their gender and category, as well as their support personnel attending by 23:59 (EST), **15 February 2016** to [chanpie2@yahoo.ca](mailto:chanpie2@yahoo.ca). Please complete the attached form.

Registration by Name. All finalized registrations, by name and category, are due and must be paid in full by 23:59 (EST), **29 February 2016**. All registrations and payments must be made through [www.zone4.ca](http://www.zone4.ca). Finalized registrations will be accepted after this time up until 23:59 (EST), 7 March 2016, but an extra cost of \$10 per athlete per competition will be charged.

### Cancellation Policy

If an athlete withdraws before the registration deadline of **29 February 2016**, a \$10 processing fee will apply before a refund is sent. No refunds for cancellations will be given after this date.

### Unofficial Training

Unofficial training will be available starting on 14 March 2016. You are requested to contact the Organizing Committee Chair if you wish to train earlier.

## Team Captains Meetings

All Team Captains Meetings will be held at *Hôtel Must* located close to the Quebec International Airport at 1345 Route de l'Aéroport, Ancienne-Lorette, QC, G2G 1G5.

## Classes of Competition

The following classes of competitions will be run, provided there are at least four competitors in a class. Age is as of 31 December 2015.

Class	Sprint	Pursuit	Mass Start/ Individual	Mixed Relay
Men (21+)	10km - PS	12.5km - PPSS	15km - PPSS (MS)	3 x 6km - PS
Women (21+)	7.5km - PS	10km - PPSS	12.5km - PPSS (MS)	3 x 6km - PS
Jr. Men (19-20)	10km - PS	12.5km - PPSS	12.5km - PPSS (MS)	3 x 6km - PS
Jr. Women (19-20)	7.5km - PS	10km - PPSS	10km - PPSS (MS)	3 x 6km - PS
Youth Men (17-18)	7.5km - PS	10km - PPSS	12.5km - PSPS (IN)	3 x 6km - PS
Youth Women (17-18)	6km - PS	7.5km - PPSS	10km - PSPS (IN)	3 x 6km - PS
Sr. Boys (15-16)	6km - PS	7.5km - PPSS	7.5km - PSPS (IN)	3 x 4.5km - PS
Sr. Girls (15-16)	6km - PS	7.5km - PPSS	7.5km - PSPS (IN)	3 x 4.5km - PS
Masters Men (35+)	6km - PS	7.5km - PPSS	10km - PSPS (IN)	3 x 4.5km - PS
Masters Women (35+)	6km - PS	7.5km - PPSS	7.5km - PSPS (IN)	3 x 4.5km - PS

## Event Schedule

Day	Competitions	Zeroing	Training	Team Captains Meeting & Other Activities
<b>Monday</b> <b>14.03.16</b>	Teams arrival		<b>09:00 - 11:30</b> Unofficial training  <b>12:00 - 15:30</b> Unofficial training	<b>19:00</b> Election of Juries (Appeal / Competition). Info on the venue
<b>Tuesday</b> <b>15.03.16</b>			<b>09:00 - 11:30</b> Official Training AM Classes <b>12:00 - 14:30</b> Official Training PM Classes	<b>19:00</b> Information and draw Sprint Competition
<b>Wednesday</b> <b>16.03.16</b>	<b>10:00</b> Sprint AM Classes  <b>13:00</b> Sprint PM Classes	<b>09:00-09:50</b> AM Classes  <b>12:00-12:50</b> PM Classes		<b>08:40</b> Opening Ceremonies <b>19:00</b> Information and draw Pursuit Competition
<b>Thursday</b> <b>17.03.16</b>	<b>10:00</b> Pursuit AM Classes  <b>13:00</b> Pursuit PM Classes	<b>09:00-09:50</b> AM Classes  <b>12:00-12:50</b> PM Classes		<b>17:30</b> Banquet and Award Ceremony

<b>Friday</b> <b>18.03.16</b>			<b>09:00 - 11:30</b> Official Training AM Classes <b>12:00 - 14:30</b> Official Training PM Classes	<b>19:00</b> Information and draw for Mass Start (Senior and Junior classes) and Individual Competitions (All others). Draw for Mixed Relay (TBC)
<b>Saturday</b> <b>19.03.16</b>	<b>10:00</b> Mass Start classes  <b>13:00</b> Individual Competition classes	<b>09:00-09:50</b> Mass Start classes <b>12:00-12:50</b> Individual Classes		<b>19:00</b> Information for Mixed Relay (and possible draw)
<b>Sunday</b> <b>20.03.16</b>	<b>10:00</b> Mixed Relay AM classes  <b>13:00</b> Mixed Relay PM classes	<b>09:00-09:50</b> AM Classes  <b>12:00-12:50</b> PM Classes		

A more detailed event schedule will be distributed to all teams upon their arrival.

### Awards

Canadian Championships medals will be awarded in accordance with the Canadian Championships Hosting Policy. Medal ceremonies will be held after each of the morning and afternoon competitions in the biathlon stadium. Medals awarded on Thursday 17 March will be presented prior to the Banquet.

### Banquet

The Banquet is mandatory for all athletes, and will be held on Thursday 17 March at 17:30 at *Hôtel Québec Inn* located at 7175 Wilfrid-Hamel West, Québec, QC, G2G 1B6. Biathlon Canada annual awards will also be presented at the Banquet. Known allergies and special meal requests must be made on the registration form on **Zone4**.

## 3. Logistical Information

### Accommodation

Teams are responsible for arranging their own accommodation during the event. The Organizing Committee has negotiated discounted rates in Quebec City with Groupe Hôtels Jaro for *Hôtel Québec Inn* and *Hôtel Must*. Both hotels are located close to the airport.

Hotel description can be found at [www.hotelsjaro.com](http://www.hotelsjaro.com). For rates, please consult the attached document. **Reservations** to these two hotels must be made by contacting **Caroline Jobin** at **1-800-567-5276**.

More hotels can be found by visiting the **Quebec City Tourism Bureau** website at: <http://www.quebecregion.com/en/hotels/>

## **Meals**

Breakfast and dinner will be available at both hotels under the following conditions.

### Hôtel Québec Inn

Breakfast served daily from 06:30 for \$9.95 plus taxes and service. Breakfast should be booked in advance with the registration process on **Zone4**.

### Hôtel Must

Included continental breakfast with hard-boiled eggs served daily from 06:00 on week days, and from 06:30 on weekends. Hotel guests are allowed to bring other items that have been purchased elsewhere, such as yogurt and fruit, into the breakfast room, to consume along with the provided continental breakfast.

### Dinner

Buffet dinner will be available at both hotels from 17:30 to 19:30 for \$17.95 plus taxes and service. Dinner must be booked in advance with the registration process on **Zone4**. A minimum of 50 guests per hotel is required. Otherwise, dinner will be available *À la carte*.

### Lunch

Groupe Hôtels Jaro is offering a Box Lunch for \$12.50 plus taxes and service. The menu of the box will vary every day and will contain one sandwich, a vegetable or pasta salad, cheese, one fruit, a granola bar and a beverage. Team leaders are requested to confirm to the Competition Secretary at [chanpie2@yahoo.ca](mailto:chanpie2@yahoo.ca) the number of boxes required, for each day, as well as known allergies and special demands, no later than **5 March 2016**.

The Organizing Committee may also provide lunches at the competition venue. Teams will be informed of this possibility and cost not later than **28 February 2016**.

## **Vehicle Rentals**

We have made special arrangements for vehicle rentals in Quebec City with Location Sauvageau. Their office is located few kilometers from the airport. Upon your arrival, your driver(s) will be brought to their office by our duty driver to sign and pay for the vehicle(s). Rental fees are attached with this invitation. Take the road with the right team, feel the experience Sauvageau [www.sauvageau.qc.ca](http://www.sauvageau.qc.ca)

For all your needs, please contact Simon Beaulieu, Branch Director, at (toll free) **1-888-707-2206, ext. 263**, or email at [sbeaulieu@sauvageau.qc.ca](mailto:sbeaulieu@sauvageau.qc.ca)



## Groceries

Numerous grocery stores are located close to both selected hotels. You may ask the hotel reception or the Competition Office for directions.

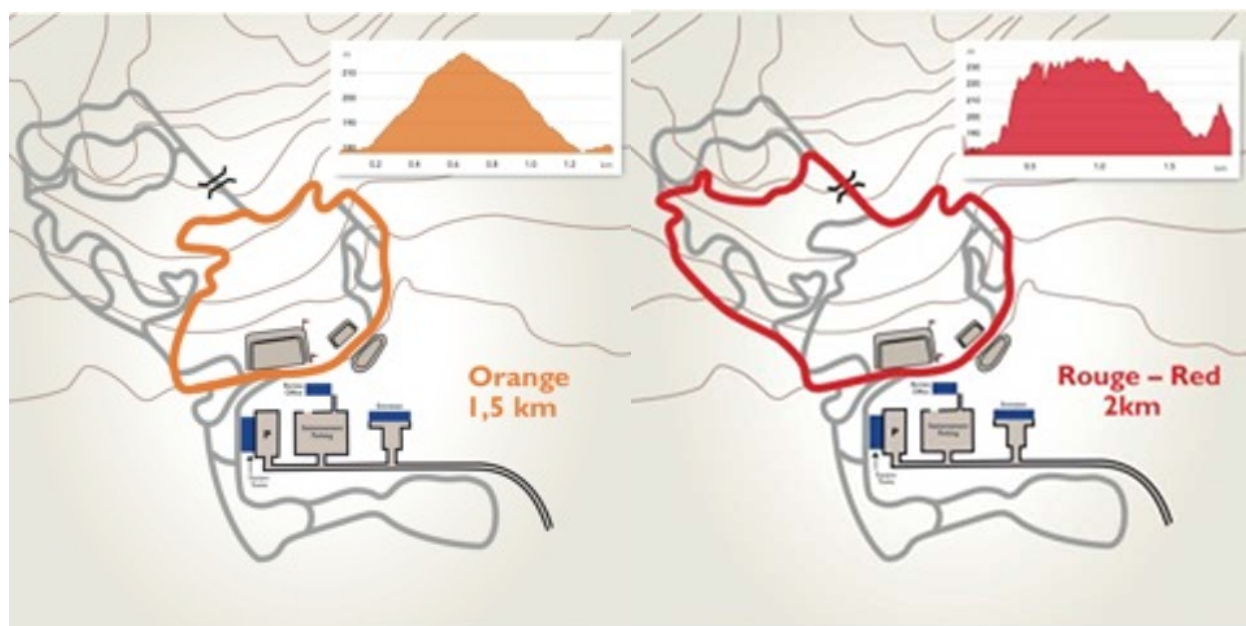
## Ski Services

Ski shops that can meet your needs for equipment, waxes or grinds can be easily found in the Quebec City area. The Competition Office can provide advice and directions on this matter. Some ski equipment will also be available at the venue.

## Team Mailboxes

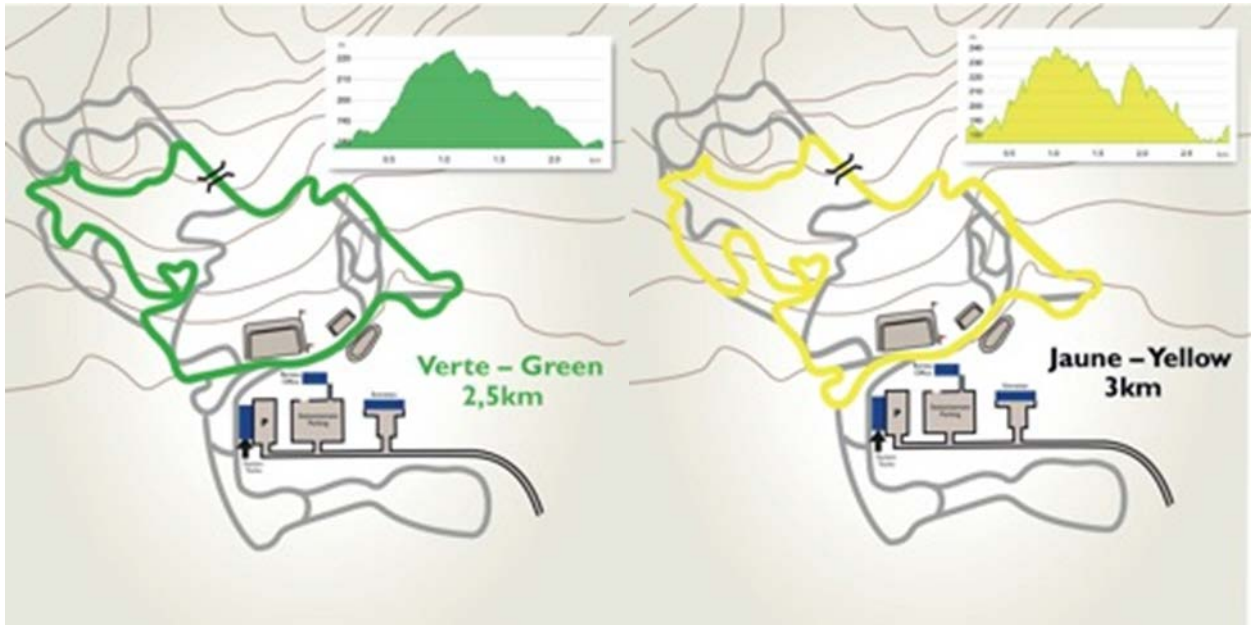
The team mailboxes will be situated on the second floor of the Main Building. Team captains will be responsible to regularly check their mailbox, as all written information from the Organizing Committee will be distributed there.

## Trail Maps



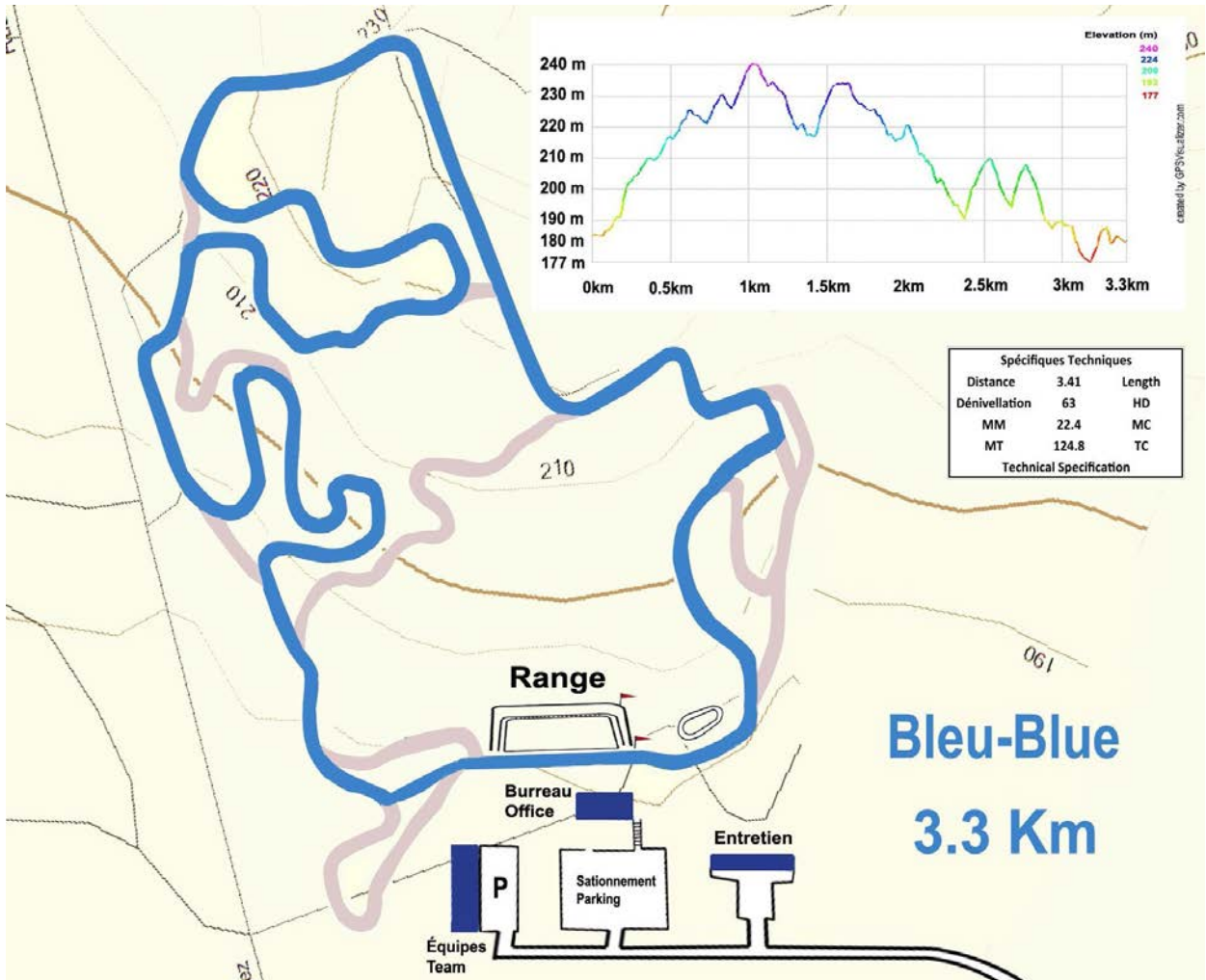
1.5 km Trail – ORANGE

2 km Trail – RED



**2.5 km Trail – GREEN**

**3 km Trail – YELLOW**



**3.3 km Trail – BLUE**

## Directions – Jean-Lesage International Airport to Valcartier Garrison

